Youth Activities
(784-2747)
Please call for date, time & cost
Arts & Crafts
Fit Factor
Torch Club: Ages 9-12
Keystone Club: Ages 13-18
4-H Clubs: Ages 9-18
Club Tech: Basic-Advanced
computer training
Digital Arts: Music, Web, Photo
and Design
Youth Employment Skills:
= (Scholarship Money)
2009 Youth Employment Skills
applications are available at the
Youth Center

Military Family Life Consultant
NEED TO TALK?
Contact your local MFLC to
Schedule an appointment
Consultation and trainings
are free and confidential
575-693-3140
Helping you is our priority!

Legal Office 784-2211
Power of Attorney & Notary Service
Monday-Friday 8 AM - 4 PM
Legal Assistance-Wills & Advice
Walk-ins Monday 1-3 PM
Wednesday 9-11 AM
or call for an appointment.

Women, Infants and Children
(WIC) 784-2127 imes

Equal Opportunity Bldg 600, Suite 1029 (EO) 575-784--2471 Or 505-920-8519 *We conduct Complaint/Incident

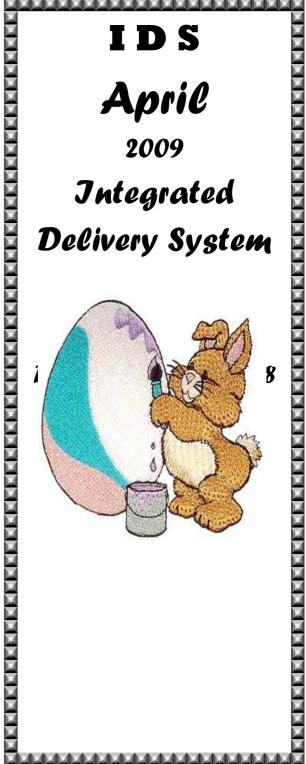
Clarification on unlawful discrimination

imesand sexual harassment based on five protected categories: Race, Color, Religion, National Origin, and Sex. Two additional categories exist for Civilians: Age & Disability. *Provide Human Relations Education *Provide informal assistance, referrals and briefing *Conduct Unit Climate Assessments

Cannon Community Centers 575-784-6381 Open M-F 8 AM-5 PM Balloon Store (balloons and gifts) Recreational Activities Congressional Awards Program Various Trips, Cyber Café (784-2326 or 6381) Open M-F 8 AM-9 PM, Sat & Sun 12 PM-8 PM Computers and WIFI available TV's and Gaming Systems Airmen Center Mon-Thurs 5 PM-9 PM, Fri 5-12 PM Sat 12 AM-12 PM, Sun 12 PM-8 PM

Computers and WIFI available Video and Board Game Lounge Theater Room and Snack Bar Community Centers in Housing Clovis 801 Housing (783-7464)
Open M-F 3:30-8 PM
Portales 801 Housing (356-2684)
Open Tues & Thurs 4-8 PM Reserve for Special Events Instructional Classes available TV and Gaming Systems Recreational Table Sports

IDS April Integrated Delivery System



Family Advocacy
784-2474

New Parent Support Program

A service to help expectant and new parents meet their challenging and changing roles.

Infant Bath Class 12 May 1400-1600

In Class 28 April 0830-1130

(Dad's Only)

Kayla @ 784-2474_for info

Prevention and Education

Anger Management ◊ Communication

Parenting Education

Anger Management ◊ Communication

Parenting Education

Anger Morital Therapy

Conflict Resolution/Problem Solving

All prevention services are confidential

Prevention services are not

documented in your medical record

Child Care Programs

Full-Time and Hourly child care

Family Child Care 784-6560

Earn income and learn valuable

business skills become a Family Child

Care Provider. Call 784-6560

Health & Wellness Center

784-1004

Tobacco Cessation Tuesday 1000 & 1530

ALA quit line 1-800-548-8252

Between 0600-1800 M-F

Pre-natal Fitness/Nutrition Clinic

Fourth Thursday at 1400

Come by the HAWC and get info on how to have a healthy heart! Assistance in accessing medical options, counseling and other services.

Diabetes Ed Classes 1st Monday @ 0900

Jump Start 3rd Friday @ 0900

Heart Healthy Ed Class 2nd Monday @ 0900 imesXXXXXXXXX XXXXXXXXX Airman & Family Chapel 784-2507 Readiness Center Catholic Mass 784-4228 Sunday Mass, 0930 & 1700 (Latin) Pre-Remote Briefing Daily Mass Mon & Wed through 8 & 22 April 1400-1500 Friday at 1205 Reconciliation Mon & Wed **VA Benefits Seminar** 2 April 0800-0830 MEB through Friday at 1115-1145 & Sundays at 0830-0900 & 1615-1645 0830-1100 Seminar **Page Title** Catholic RE: 1100-1200 **Sponsor Training** 13 April 1400-1430 **Protestant Services** Sunday Services Pre Deployment Briefing **Sunday School 0930-1030** 13/27 April 1500-1600 Contemporary Service 1100 Right Start on 8 & 22 April Children's Church 1100 0830-1100 @ The Landing Men's Bible Study 2nd & 4th Mon Give Parents a Break 12 Noon (Lunch Provided) 18 April 1700-2300 @ The Child (AWANA) Development Center 784-2704 After Hours Chapel 784-2253 Easter Egg Hunt 11 Apr 1000-1100 Gospel Services Thurs 1200-1250 Bldg 1803 Bible Study Thurs nights 1800-1930 **TAP Seminar** Sexual Assault Prevention and 14/15/16 April 0800-1600 Response Office **DTAP** 16 April 0830-1200 Confidential reporting of sexual assault Spring Gardening is available 24/7, call 784-SARC (7272) 20 April 0900-1130 A trained Victim Advocate can provide Thriving Through Transition assistance in accessing medical options, 20 April 1400-1600 counseling and other services **Bundles for Babies** Want to know what's happening 23 April 0830-1100 on and around base? smooth Move Click on www.cannon.af.mil 28 April 0830-1100 "Supporting our Families" (SOF) Pre-Separation Counseling button has newcomers' information, as well as links to others in the 7/21/28 April for those are Cannon community. The "local separating and 1/8/22/29 April notes" button links to general for those that are retiring happenings on base. Call the Public Both workshops are 0900-1030